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Kim Komando

Home / Articles / WOAI Local News Sponsored by Five Star Cleaners / San Antonio Runner Going for the Gold at Rock and Roll Marathon

## San Antonio Runner Going for the Gold at Rock and Roll Marathon











When San Antonians start off on the annual Rock and Roll Marathon, it will be more than just a run for one San Antonio woman, News Radio 1200 WOAI reports.

Iranian immigrant Parvaneh Moayedi will be running her 141st marathon of 2015, on her way to become the first woman in the world to run 1000 official marathons

"My ultimate goal for next year is to reach one thousand marathons and be the first woman in the world to do that, by the end of 2016," she told News Radio 1200 WOAI's Megan Bishop.

Moayedi, who emigrated to the US during the Islamic Revolution in 1979, has run marathons and 'ultras,' (any race longer than the standard 26.2 mile marathon distance) in all 505 states and on all seven continents.

Currently she is the world's leading woman when it comes to lifetime marathons and ultras.

"For 16 years of marathoning, goals are always changing, so I am running my 820th marathon and ultra at San Antonio's Rock and Roll Marathon."

Don't expect Parvaneh to set the pace. She says she always finished back in the pack, with a 5 hour 30 minute pace. Her slogan is 'No Runner Left Behind.'

She is the current holder of two Guiness World Recrods, fopr the Most Marthons Run by a Woman in One Year (168) and the most Consecutive Marathons Run by a Woman (17).

By being an ironwoman marathoner, she joins San Antonio attorney and 'Marathon Maniac' Larry Macon in the record books. Macon, 70, ran his 1500th marathon this year.

Moayedi credits Macon as one of her inspirations.

"I'll never catch him, I'm not intending to catch him," she said. "But he is my inspiration."

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