

Inside, 1B: SCENES FROM THIS YEAR'S FRANKLIN PARISH CATFISH FESTIVAL

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Parvaneh Moayedí

World Record holder to run local marathon

Guinness World Record Holder Parvaneh Moayedí will run her 717th marathon in Winnsboro on April 19.

The race will be held at Civitan Park as part of the Mainly Marathons River Boat Series. Moayedí, who resides in San Antonio, Texas, will run seven marathons in seven days in seven states.

"I enjoy running family oriented and friendly Mainly Marathons Series," she said. "I have run over 40 of these marathons since the start 3 years ago. I especially enjoyed running River Boat series along beautiful parks by Mississippi River last

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MARATHON

FROM 9A

year and because of warm welcome we received in small towns."

Moayedí, 50, is racing to be the first woman in world to complete 1000 races of official marathon distance, hoping to reach her 800th marathon milestone by the end of 2015.

Moayedí immigrated to the United States from Iran in 1979. The Texas resident ran her first marathon in 2000 and has completed over 700 marathons and ultras in all fifty states 3 times. She finished running a marathon in all seven continents by 2011 in Tanzania, Africa. She is the leading female in the world with the most official marathons and ultras.

In 2013, she was awarded the Guinness World Record for the Most Marathons Run

by a Woman in one year (168 races). She also earned the Guinness World Record for the Most Consecutive Marathons Run by a Female (17 races).

In 2014, she set new records by running over 253 marathons in one year and 121 consecutive marathons in 102 days.

Moayedí is the only Iranian woman to be accepted and complete the Badwater Ultramarathon in 2013 and 2014. Badwater is the world's toughest foot race crossing 135 miles non-stop from Death Valley to Mt. Whitney, California with a 48-hour time limit in temperatures up to 130 degrees. It is the most mentally and physically demanding and extreme running race offered anywhere on the planet.

She started "I Ran

Marathons" races three years ago in her hometown of San Antonio. I Ran Marathons offer once a month races from 5K to 100 miles with a motto of "No Runner Left Behind".

Moayedí is a race director, public speaker, inspirational running coach and motivator. She encourages everyone to push beyond their limits believing "We can do anything in life if we set our mind to it".

Her goals for 2015 are to complete the Mt. Everest Marathon in May and to finish Badwater for third time in July while achieving 800 marathons and ultras by the end of 2015.

"Life is a challenge and moving fast, if we don't set goals and strive to achieve them then we are standing still while life passes by," she said.



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Guinness World Record Holder Parvaneh Moayed

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